

Flavors of Sri Lanka



Welcome to Sri Lanka!

A breath-taking island paradise nestled just off the south-eastern coast of India. Though compact in size, Sri Lanka boasts an extraordinary diversity that captivates every traveller. From golden beaches to mist-covered mountains, ancient temples to bustling cities, the island offers an unforgettable experience at every turn.

Steeped in over 2,000 years of rich history, Sri Lanka is home to sacred Buddhist sites, legendary ruins, colonial landmarks, and no less than eight UNESCO World Heritage Sites. Explore the iconic Sigiriya Rock Fortress, wander through the ancient city of Anuradhapura, or marvel at the timeless beauty of Kandy's Temple of the Tooth.

Nature lovers will find their paradise here. Relax on palm-fringed beaches, trek through rainforest trails, or witness majestic waterfalls and lush tea plantations in the central highlands.

Key Destinations

- *1 Nights in Negombo / 2 Nights in Sigiriya / 2 Nights in Pasikudha / 2 Nights in Kandy / 2 Nights in Hatton / 2 Nights in Galle / 1 Night in Colombo*



Day 01 – Airport – Sigiriya

Highlights

- Arrival in Sri Lanka / Meet & greet
- Proceed to Negombo (Approx. 30 Minutes)
- Explore the fishing Village and evening enjoy a BBQ Cooking session
- Check in at the resort and spend the Evening at leisure



Negombo, a coastal town in Sri Lanka, is renowned for its vibrant fishing village and bustling fish market, known as the Lellama. The village offers a glimpse into the traditional lifestyle of local fishermen and the process of catching, processing, and selling seafood. Visitors can witness fishermen bringing their catch ashore, see the cleaning and drying of fish, and observe the lively market atmosphere.

---Overnight stay in Negombo---

Day 02 – Negombo / Sigiriya

Highlights

- Enjoy breakfast at the Hotel
- Proceed to Sigiriya (Approx 4 hrs)
- Visit Sigiriya Rock Fortress
- Check in at the resort and spend the evening at leisure



Sigiriya, also known as Lion Rock, built on top of a huge boulder in the 5th century. A palace. A rock fortress. The hidden castle of King Kasyapa. A Buddhist monastery from the 14th century. Similar to the cosmic mountain of Meru? The eighth wonder of the world? No place in Sri Lanka has generated as many theories and legends as the 180m monolith, set amidst stunning scenery.

Sigiriya consists of 1200 steps. The first part of the visit is a leisurely walk through the pleasure gardens. Then one starts to climb. There are two areas where one can take a break on the way up. The entire duration of the experience takes approximately 1.5 to 2.5 hours depending on the speed at which you want to climb. Water is provided. If it looks like it might rain don't forget to take an umbrella from the vehicle.

---Overnight stay in Sigiriya---

Day 03 – Sigiriya / Hiriwadunna / Sigiriya

Highlights

- Breakfast at Hotel
- Visit a Sri Lankan village and witness a cooking demonstration (Lunch) along with a boat ride
- Return to the resort and spend the rest of the evening on leisure



Enlightening and exhilarating, this village safari gives you a glimpse of a uniquely interlinked Sri Lankan village life where the villagers go about their daily lives with the greatest respect to nature. Spend a morning in the remote village of Hiruwadunna – an area the locals call 'God's village' and said to be a refuge of King Wasaba (66-110 AD).

Swooping eagles and exotic butterflies are some of the visual highlights of the journey before the ultimate view of the majestic Sigiriya Rock Fortress and surrounding mountain ranges in the distance. Where the boat ride ends, a bumpy one on tractor



begins. Take in wide open paddy fields and miniature forests that have a lot to offer by way of birds, lizards and butterflies. The tractor stops at another hamlet for a tour of vegetable and fruit plantations and a first-hand account of how traditional and superstitious farming are kept alive. Stops along the journey at cool mud structures with palm-thatched roofs for refreshing fruit slices and native aromatic herbal brews served in coconut shells, make this experience neither too hectic nor laid back. It does however work up a big appetite, so the mini-adventure is tied up a feast of fresh vegetables harvested from the fields just explored. Prepared in Sri Lanka's version of slow cooking; olden day prep methods in cutting veggies, pounding raw rice, weaving palm baskets, and clay pot cooking over a wooden hearth are demonstrated before the final reward of a large, delicious, warm meal served on lotus leaf, in keeping with good old fashioned rural hospitality.

---Overnight stay in Sigiriya---

Day 04 – Sigiriya / Passikudah

Highlights

- Breakfast at the Hotel
- Proceed to Passikudah (Approx. 2.5 Hrs)
- Check in to hotel and spend the evening on leisure

---Overnight stays in Passikudah---

Day 05 – Passikudah

Highlights

- Breakfast at the Hotel
- Enjoy Snorkelling and coral watching in Kayankarney (with Lunch)
- Return to Hotel and spend the rest of the evening on leisure.



Escape to a world of underwater wonders with our Snorkelling and Coral Watching tour in Kayankarney, Sri Lanka. Kayankarney is a hidden gem on the East Coast of Sri Lanka, known for its crystal clear waters and vibrant marine life. Our experienced guides will take you on a snorkelling adventure, where you'll explore the stunning coral reefs and swim alongside tropical fish and other marine creatures.

As you glide through the water, you'll be amazed by the colourful coral formations and the incredible variety of marine life that calls this area home. From schools of brightly coloured fish to majestic sea turtles, you'll have the opportunity to witness the beauty and diversity of the ocean up close.

After your snorkelling adventure, we'll take a break for a delicious lunch, featuring fresh seafood and traditional Sri Lankan cuisine. You'll savour the flavours of the local cuisine while enjoying stunning views of the Indian Ocean.

In addition to snorkelling, our guides will take you on a coral watching tour, where you can observe the diverse range of coral species and learn about their important role in the marine ecosystem.

Our Snorkelling and Coral Watching tour in Kayankarney is the perfect way to escape the hustle and bustle of everyday life and immerse yourself in the tranquillity and beauty of the ocean. It's an adventure that is suitable for all ages and experience levels, and our knowledgeable guides will ensure that you have a safe and memorable experience.

---Overnight stays in Passikudah---

Day 06 – Passikudah / Kandy

Highlights

- Breakfast at the Hotel
- Proceed to Kandy (Approx. 4 Hrs)
- Visit Temple of Tooth
- Check in at the Resort and spend the evening leisure.



Sri Dalada Maligawa or the Temple of the Sacred Tooth Relic is a Buddhist temple in the city of Kandy, Sri Lanka. It is located in the royal palace complex which houses the relic of the tooth of Buddha. Since ancient times, the relic has played an important role in local politics because it is believed that whoever holds the relic holds the governance of the country. Kandy was the last capital of the Sri Lankan kings and is a UNESCO world heritage

site partly due to the temple.

---Overnight stays in Kandy---

Day 07 – Kandy

Highlights

- Breakfast at the Hotel
- Enjoy the Food Trail Tour of Kandy
- Return to Hotel and spend the rest of the evening on leisure



The cuisine of Kandy is inspired by its tapestry of multi-cultural diversity. Follow the food trail to indulge in Kandy's firm favourites.

Your culinary trail to explore the hill country's rich cuisine takes you around Kandy, the last kingdom of Sri Lanka's regal history. A fine display of Kandyan artistry, Sri Dalada Maligawa in Kandy houses the sacred tooth relic of Buddha. Walk the streets of Kandy and

catch a glimpse of its colonial elegance blended within the natural beauty. The city is dotted with impeccably restored colonial buildings and historic landmarks.

First, visit a local eatery to enjoy freshly prepared vegan dishes, which are staples of the Sinhalese community in Kandy. These nourishing dishes bring to light the traditional culinary recipes of Kandy. You can also catch a sneak peak of what is being cooked in the open kitchen. Next, stop by a bustling restaurant with busy waiters carrying plates of hot dosa and vadei, the clatter of tea making and action packed counters to relish nibbles of traditional dishes made by Tamil households in Kandy. Sample a range of Tamil cuisine with both vegan and vegetarian options.

Back on the road, look for street food galore to get a taste of the island's delectable flavours. Crispy, salty, spicy and sugary, Sri Lankan street food comes in all shapes and sizes. However, this experience is based on availability as street food is provided by street vendors and food carts wheeling around the city.

Later, drop in at a local food stall that excels in keeping things healthy and fresh while not compromising on flavour. A vegan's dream comes true, you can treat yourself to a range of soya-based food items including snacks, milk and even ice-cream. Bring your food trail to an end by either dropping in at a modern café to tuck into a wholesome salad or visiting a colonial hotel to gulp down a pint of beer.

---Overnight stays in Kandy---

Day 08 – Kandy / Hatton

Highlights

- Breakfast at Hotel
- Proceed to Hatton (Approx. 2.5 Hrs)
- Check In to Hotel and spend the rest of the day on leisure

---Overnight stay in Hatton---

Day 09 – Hatton

Highlights

- Breakfast at Hotel
- Enjoy a Cooking Demonstration at your Hotel
- Relax and spend the rest of the day on leisure



Join us for an engaging cooking demonstration led by our expert chefs, showcasing signature dishes and culinary techniques. Guests will enjoy live preparation, interactive tips, and a tasting session, offering a memorable gastronomic experience in the heart of our hotel.

---Overnight stay in Hatton---

Day 10 – Hatton / Galle

Highlights

- Breakfast at Hotel
- Proceed to Galle (Approx. 5 hrs)
- Check in at the resort and spend the day at leisure



Galle is a major city in Sri Lanka, situated on the southwest coast. It's known for its historic fort, a UNESCO World Heritage site, and its role as a significant port city. The city has a rich history influenced by Portuguese, Dutch, and British colonial rule, evident in its architecture and urban layout

--Overnight stay in Galle---

Day 11 – Galle

Highlights

- Breakfast at the Hotel
- Enjoy Food for Soul Tour (Cooking Demonstration in Galle)
- Return to the resort and spend day at leisure



Compared to its nearest cousins, Sri Lankan cuisine is relatively underrated. Food for the soul takes you from the market to the island's most iconic dishes.

Curry in Sri Lanka is not simply one dish, but many. A myriad of techniques and ingredients are needed to create the palette of flavours on a Sri Lankan table.

This unique experience starts in the vibrant Galle countryside, travel in your vehicle to Wakwella, meet your host and visit the local market upon purchasing the necessary goods and proceed to the mud-hut kitchen. Here your host will explain the techniques and key ingredients used in Sri Lankan cooking. See how coconut milk is made and create your own delights by trying your hand at tempering, frying, boiling, grating and caramelizing your ingredients. Finally, indulge in the fruits of your labour - maybe even local-style - with your hands!

Your host is a Sri Lankan chef with impressive knowledge of the island's vegetables, fruits and spices. His conversation in English might take a little patience, but as this is a practical class, you can easily watch and learn how to create a range of delicious local dishes!

--Overnight stay in Galle--

Day 12 – Galle

Highlights

- Breakfast at Hotel
- Relax at the Hotel during the day time
- Sundown Seafood dinner in lamp lit mud hut
- Return to the Resort and spend the late evening at leisure



In a secluded location a brief drive north west of Galle you will be met by tuk tuk and as evening draws in taken a short distance to a lamp-lit mud hut.

Greeted by a cold towel and welcome drink, you are met by a colourful collection of arranged ingredients as your hosts begin to cook an array of delights stemming from the humble roti, perhaps the most versatile of elements in Sri Lankan cuisine. Questions

are welcome, as your feast is prepared, you might even want to get involved with the creation of hoppers, a bowl shaped pancake synonymous with local food. Combine your hoppers with some freshly barbecued seafood and enjoy your feast to the highly rhythmic Sri Lanka music played live by the band outside the mud-hut. As the soft sound of crickets fills the air, sit down to your rustic hideaway dinner and savour a variety of hoppers with prawns, cuttlefish and other seafood, made especially for you

---Overnight stay in Galle---

Day 13 – Galle / Colombo

Highlights

- Breakfast at Resort
- Proceed to Colombo (Approx. 2 hrs)
- Check in to the Hotel and relax at your Hotel
- Later in the evening you will be taken to enjoy a Jaffna Themed Dinner



An exceptional and unforgettable culinary and cultural evening among the manicured gardens of what was once a Jaffna family's home for generations.

Now a superb boutique hotel, the manor is a sanctuary among the hustle and bustle of Colombo. Delight in tales and tastes drawn from the family tree from the moment you step inside. Your host will meet you with a local-style cocktail. The candlelit

atmosphere prepares you for a unique dinner interwoven with northern charm. Await an array of pulse-



based starters (wadeys) accompanied by coconut sambols. Cleanse your palate with Mulligatawny broth ahead of a smorgasbord of meat, fish and vegetable curries including the famous Jaffna Crab Curry, complemented with rice and pittu. Conclude with a contemporary take on traditional desserts.

Born and bred in Colombo, your host began developing his walk in the city to share his passion for developing authentic and soulful experiences after working for a jungle eco resort in Yala. With a passion for giving back to the community and travel, when not curating experiences for visitors he volunteers at the National Institute of Mental Health conducting art therapy, or hops on his motorbike to a secluded spot to camp and read.

---Overnight stay in Colombo---

Day 13 – Galle / Colombo

Highlights

- Enjoy breakfast at the Hotel
- Check out from hotel and proceed to the airport for departure (Approx. 45 min)

---End of Tour---



Tour Details (13 Nights/ 14 Days)

Destination & Hotel Details – Premium Hotels

- 1 Night in Negombo at Heritance Negombo | Deluxe Room on BB
- 2 Nights in Dambulla at Aliya Resort | Deluxe Room on HB
- 2 Nights in Passikudah at Maalu Maalu Resort and Spa | Deluxe Room on HB
- 2 Nights in Kandy at Grand Kandyan | Deluxe Room on HB
- 2 Nights in Hatton at The Argyle | Bruce Room on HB
- 3 Nights in Galle at Radisson Blu | Deluxe Sea View on BB
- 1 Night in Colombo at Flower Road Villa by Mannankulam | Standard Room on BB

Package Starting from USD 2400 per person

Package Includes

- 13 nights' accommodation at above mentioned Hotels
- Meal Plan as mentioned above
- All transfers on private basis with English Speaking Chauffeur Guide from Arrival to Departure
- All Taxes

Package included Excursions

- Negombo Local market visit
- Explore the fishing Village and evening enjoy a BBQ Cooking session
- Sigiriya Rock Fortress
- Village tour with farmer's lunch and boat ride experience
- Temple of Tooth
- Enjoy Snorkelling and coral watching in Kayankarney (with Lunch)
- Kandy Food Trail Tour
- Sundown Seafood dinner in lamp lit mud hut
- Enjoy Food for Soul Tour (Cooking Demonstration in Galle)
- Cookery Demonstration at The Argyle
- Jaffna Themed Dinner in Colombo

Cost Excludes

- Air fare
- All other personal expenses
- Visas



Note – The mentioned travel times are approximations and many vary with the traffic, weather, etc.

Notes

- The mentioned travel times are approximations and may vary depending on the weather, traffic conditions, etc.
- Rates are subject to change if there is any increase in Government taxes (If any changes we will inform at least 3 months before the travel date).

How much to tip drivers or chauffeur guides:

A driver or chauffeur guide can be tipped Rs3,500-4,500 (approx. 10 – 15 USD) a day for good service. You can give this to them at the end of each day, which is often preferred, or if you prefer you can give it to them in total at the end of your holiday. Please do give more if you feel it is deserved, or less (even nothing) if the service has not been satisfactory. If you are unsatisfied with your driver, please let us know why.

How much to tip Sri Lankan hotel staff:

Tipping hotel staff in Sri Lanka is expected if you stay in a small hotel or villa – you can do this either as you go along or on departure. Giving a collective tip is fine – usually to the most senior of the staff while making it clear that you would like it shared out. Most small hotels have a tip box now. Even in large or expensive hotels, wages are very low (you would be surprised), so these tips are appreciated and needed. This amount is impossible to dictate and depends entirely on how helpful/friendly they have been and how generous you are feeling. Rs1,500 – 2,500 per day is a good guide (Approx USD 5).

Tipping in Sri Lanka's Restaurants:

A 10% service charge is usually included in restaurant bills, so it's best to check whether or not it's been added. In small local places, however, it's not normally included so if you've had good service, do leave a small tip – anything up to Rs 500 (1.5 USD) – and in tourist or posh city restaurants an extra tip is always gratefully received as well. Try and keep the small change (notes of anything less than Rs 500 denomination and especially 50 and 100 notes!) as much as possible for small purchases and tipping in Sri Lanka.



Cancellation Policies:

Cancellation policies associated with tours

4. Cancellations before 30 days - No charge
5. Cancellations before 21 days - 75%
6. Cancellations before 14 days – 100%